

Welcome to the Swanage Area Forum and The Swanage and Purbeck Development Trust's May newsletter. This issue is not just a directory of public and volunteer services available to the people of this area during this dreadful COVID-19 crisis, but there are also many articles that show what wonderful communities we have and how they have come together and adapted their organisations to fit the current crisis period.

There are also some very uplifting reports that can inspire us all, such as The Swanage School's magnificent contribution to the safety and welfare of many of the staff in the health and care sectors; The Swanage Railway's successful and ongoing financial appeal; nature's wonders at Durlston Country Park and the National Trust at Studland - and the amazingly successful safe-guarding stories from our local Care homes.

What stands out is not just the resilience of our communities, but the care and solidarity shown by many people and organisations to each other. Let us hope that these inspiring stories carry on long after this pandemic has passed and lead to a more caring community and society.

If your organisation would like to contribute/update relevant news in future editions, please do so. Try and keep your articles to 200 words and add your logo, if possible, and your contact details, telephone number and email address.

Whether you read this on screen, or print out, why not also print a copy or two, for a neighbour or friend who hasn't got access to a computer, to keep them in the picture too? Send your organisation's contributions (no personal letters) to:

melvyn.norris@talktalkbusiness.net

Mel Norris, Chair Swanage Area Forum and Swanage & Purbeck Development Trustee





PRIDE AND PROTECTION

Our students and teachers have always given us reason to be proud. This time the pride we feel for Eden Shaffer is part of a national pride we feel for all those engaging in the battle against coronavirus.

Eden, inspired and frustrated by his mother's need as a frontline key worker, used his own 3D printer to create a protective face shield to help keep her safe. Before long Eden contacted his school and The Swanage School DT Department, its teachers and a host of volunteer students were mobilised; social distancing was maintained at all times.

Thanks to their hard work what started as a 13 year old boy, at home seeking to protect his mum, soon turned into a national effort, with hospitals as far afield as Kings College Hospital in London ordering protective shields to help keep their workers safe on the front line. In total our DT Department has supplied 29 establishments: care homes, hospitals, medical practices, shops and maternity wards among their number; many are local, but Eden's face shields are even being worn by medical staff in Llandough Hospital in Wales.

On Thursday night at 8pm, as we clap for our NHS and other key workers, I for one will be clapping for Eden too.

Kay Lawton, Acting Deputy Head The Swanage School





To date, the visor masks have been donated to:

NHS+PHARMACIES

Ambulance Service
Swanage Hospital
Bournemouth A+E
Bournemouth NHS Trust
Dorchester Maternity Dept
Kings College Hospital - London
Llandough Hospital - Wales
Poole Hospital
Weymouth Hospital
Swanage Medical Practice
Corfe Surgery
Day Lewis Pharmacy (Well)
Well Pharmacy,
Purbeck Community Physios

CARE HOMES + HOME CARE

Clifftop, Swanage
Gainsborough (James Day) Swanage
Heathcote, Swanage
Nightingales Care
The Old Rectory, Langton
Portet Cottage
Wordsworth, Swanage
York House, Swanage
Purbeck Care

SHOPS AND OTHERS

Budgens, Swanage Budgens, Trowbridge Co-op, Swanage Costcutter, Swanage Royal Mail, Swanage Furmage Cycles BCP Social Workers





The Swanage Medical Practice

To all patients, staff and friends of Swanage Medical Practice

It is four weeks since the UK had 50 Covid-19 deaths. Sadly, this has now risen to over 20,000. The virus is now well established in Swanage and Purbeck. Fortunately, despite this, Swanage Surgery and town seem to have made a good transition to a new way of living and working.

We are still running our twice daily 'Sit and Wait' surgery and offering routine appointments, but, in the first instance, these are all by phone or video. Since the epidemic, we have reorganised our provision of care for the foreseeable future. Most days we have a paramedic, Tammy and our prescribing Nurse Practitioner, Ali, or our prescribing Nurse Jane, available to phone you or potentially see you. They are always still supported by at least 2 of your Swanage GPs. All GPs are still doing routine surgeries. 90% of consultations are now being done by phone, video link or eConsult. At times your doctors and staff will be working from home as we have now been provided with securely connected laptops.

e-Consult For those of you who have access to a home computer, e-Consult is a brand new online service bringing choice to patients who want to consult online, and in many cases avoiding the need to visit their GP practice altogether, saving time and journeys. Available via our website (www.swanagemedical.org.uk)

On Mon-Fri, patients can submit their symptoms online and will get a response within 48 hours. This could be advice, directed to other support such as the pharmacy, or booked in for an appointment if necessary. The service also offers around the clock NHS self-help information and a symptom checker. Patients can also request prescriptions, test results, referral letters and medical reports.

For patients who need to be seen but where there is a significant risk that they may have Covid19 infection, we are supporting and have access to GP appointments at Wareham Hospital with enhanced infection control procedures.

The Social Distancing has helped all those that are over 70 or have significant health conditions to be safe during their isolation. It is vital that this group maintains their isolation, as each time they go out they are at risk of catching the virus, which in their case is much more likely to be fatal.

In addition, 400 patients in Swanage, (the very high-risk group), have been asked to 'shield', meaning that, in addition to the above, they need to maintain Social Distancing within their own home and from family members.

Staying at home has prevented the overwhelming of the NHS, with the number of daily deaths from the virus now beginning to fall. However there seems to be an increase in other deaths, suggesting the NHS is not being used when it should be. So long as Social Distancing is maintained it does seem the hospitals, the out of hours services, and us at Swanage Medical Practice have capacity to deal with any normal medical emergencies and urgent cases.

We are lucky to have wonderful opportunities for walking, running and cycling from our doorsteps in Swanage. There is no medical condition that this will not help.

For those over 70 and at high risk who need to stay at home this is also important. Everyone should ensure they get up and walk around their home for 2 minutes every hour. My Mother at 90 asked for her old exercise bike back from our garage and is now using it at least twice a day!

Dr Jason Clark, Senior Partner

https://www.swanagemedical.org.uk/pages/Coronavirus-Support



A message from the Mayor of Swanage, Councillor Mike Bonfield

We are all so lucky to live in such a lovely area during this very trying time. How fortunate we are to be able to take our daily exercise in such wonderful, quiet, green areas. I believe that the majority of people have observed the guidelines very well, although unfortunately there are a minority that seem to think it does not apply to them.

Having survived 6 weeks of the lockdown, all being well, the slow return to some form of normality will be able to start soon. Although what normal life will be like after this terrible virus, we do not know?

I ask you all to think about all the local businesses that have adapted and are doing what they can to support us. Please remember them when they start to open. All our businesses will need our support to survive this very trying period.

The Town Council are in the process of trying virtual get-togethers and if this works well we are hopeful that if the present situation continues, we will be using virtual meetings more and more. Information about all council activities is available, as usual, on our website and Facebook page (see below).

Maybe, like me, there are others that are learning some new skills using modern technology. It is at times like this it would have been easier if we were able to have our younger family members around as they seem to be able to do these things so much better than us!

It is great to see that we have such a strong community in Swanage, everybody helping all they can. Once again, thank you all.

KEEP WELL - KEEP SAFE

information on Town Council services is available on the council's website www.swanage.gov.uk and Facebook Page:

https://www.facebook.com/pg/swanagetowncouncil/posts/

For detailed help and advice you can call Dorset Council's helpline between 8am-8pm seven days a week on **01305 221000**.



FRIENDS OF SWANAGE HOSPITAL

https://www.friendsofswanagehospital.org.uk/

TERRY'S 1,000 MILE WALK FOR SWANAGE HOSPITAL

Dear Friends: If you know the song "... and I would walk 500 miles and I would walk 500 more ..." Well, Terry Buck, our Treasurer, is going to walk 1,000 miles between 1st January and 31st May (yes he has already started) - that's further than the distance from Lands End to John O'Groats!

He is hoping to raise £1,000 for our hospital as our normal Summer Fete fund-raiser in June can't go ahead this year.

Can you help our hospital and its front-line heroes? Please donate by going to the "Friends of Swanage Hospital" website and, if you can, please ask to Gift Aid it and the Government will give 25% more. If you can't give online then you can send a cheque to Friends of Swanage Hospital at Swanage Hospital, Queens Road, Swanage, BH19 2ES. Please do what you can to help our local NHS and please spread the word about Terry's fundraising efforts.

Thank you. *JAN TURNBULL*, *CHAIR*

1,000 miles is achievable but he still has the equivalent of 10 marathons to walk in the next month to succeed!

UPDATE from Terry Buck 30th April 2020

I thought NHS Thursday was a good day each week to report on progress so here goes. As of yesterday evening I had walked 1,611,567 steps which is roughly 800 miles and I have had sponsorship so far of £587.50 which is amazing.

Thank you so much to all who have contributed so far.

Just in case you are wondering how this fits in with lockdown, I set off early in the morning when there are very few people about and I walk from Herston along the back road past Godlingston Cemetery and the brickworks to Ulwell then down to the seafront along to the pier up along to Peveril Point then Home. I am very careful to avoid contact by social distancing (I rarely see more than a dozen people and a few dogs on my whole journey). That is my 14,000 steps I need each day to finish in time. I do a few more steps around my tiny garden then!

Stay safe - Terry Buck

WE HAVE IT ON GOOD AUTHORITY that numerous people in the community have - or have had - COVID-19; most have recovered but a few are in hospital. So, the message to everyone is still the same:

TAKE CARE - BE SAFE AND STAY AT HOME



THANK YOU' FROM THE FRIENDS OF WAREHAM HOSPITAL

As Friends of Wareham Hospital we would like to thank all health and social care staff in Purbeck who are going that 'extra mile' during the Coronavirus pandemic to care for us.

We are grateful to Swanage Hospital for the in-patient care and support services it continues to provide not just for Swanage but for the wider Purbeck Community since beds at Wareham Hospital were closed in 2018 and thank the Swanage Community through the Swanage Friends for the on-going support of the hospital and its hardworking staff.

As Wareham Friends we have given ourselves a wide remit and aim to support services and staff not only at Wareham Hospital, where pre coronavirus many necessary out-patient services continued to be provided, but also by supporting the health and social care community services in Purbeck coordinated through the Purbeck Hub in Bonnets Lane at Wareham where the needs of the whole Purbeck locality are considered. The Community teams support care in our own homes and in Care Homes and have had such a vital role during the pandemic – 'thank you' to you all.

Maggie Hardy, Friends Chair

SWANAGE SPECIAL AMBULANCE CAR

In the light of the Covid-19 emergency,
Dorset Clinical Commissioning Group (GGC) have
agreed to continue funding the Swanage ambulance
car, after South West Ambulance Trust (SWAST)
had decided to withdraw it. It will remain working
from Swanage Ambulance Station, at least for the
duration of this emergency.



COVID-19 WASTE SERVICES UPDATE

- Garden Waste Service resumed from Monday 27 April usual day but new garden subscriptions are still suspended.
- Food, recycling, rubbish and glass collections – taking place as usual
- Household recycling centres (HRCs) remain closed
- Street cleansing (inc. bin emptying) less frequently, but as usual in most areas

HOW TO HELP YOUR COLLECTION CREWS

With the "Lockdown" there has been an increase in rubbish and recycling at the kerbside. At a time when our workforce is stretched, this can be challenging.

SUGGESTIONS

- Make sure your bins are out by 6AM on your collection day
- Please continue to put the right stuff in the right bin
- Do not overfill any recycling box or bin higher than the top of the box/bin
- If you have excess recycling (especially glass) please place it out for collection in a sturdy container that can be easily lifted by 1 person without spilling the contents

Latest information can be found on our Coronavirus (COVID-19) bin collection disruption and waste guidance webpages

Dorset Council oneteam@dorsetcouncil.gov.uk



Dorset Energy Advice during Covid-19 pandemic



Citizens Advice is helping households experiencing difficulties with their electricity and heating

Call or email today for help with

Topping up pre-payment meters
Advice if struggling with energy bills
Eligibility for extra income
Liaise to resolve issues with energy supplier
Refer on for other support,
particularly if in self-isolation

Contact our friendly energy advice team in Dorset 01929 775500

purbeckadvice.org.uk/contact-us.html



CORONAVIRUS (COVID-19) NEWS & UPDATE

Drive-through regional testing centre to open for key workers

A drive-through coronavirus testing facility has opened at Creekmore Park and Ride in Poole as part of the Government's UK-wide drive to increase testing for thousands more NHS and other key workers, and is operating on an appointment-only basis for NHS staff and other key workers.

This new testing facility will enable us to significantly increase the number of tests that we can provide locally, which will in turn assist all agencies in getting key staff back to work swiftly and safely.



https://www.dorsetcommunityaction.org.uk

DCA is committed to helping your charity, community group or social enterprise through these unsettled times. Call our dedicated Helpline to answer questions you may have regarding Coronavirus and your Organisation: **01202 847609** – 11am - 4pm



DCA State of the Sector in Dorset Survey

We appreciate that everyone is under enormous pressure at this time of national emergency, both personally and professionally. However, it is important that we are able to share the struggles that you and your organisation are facing at this unprecedented time. Could you PLEASE, PLEASE, PLEASE donate ten minutes of your time to complete our 'State of the Sector in Dorset Survey' (details of how to do this below)

We will ensure that the results are shared with the decision-makers, both locally and nationally. We will also make sure that the support DCA gives will be directly linked to the support you need.

It would be helpful if you could complete the survey by **Midnight, Thursday, 7th May 2020.**

THANK YOU FOR YOUR TIME
- AND STAY SAFE -

TO COMPLETE THE SURVEY PLEASE GO TO:

Dorsetcommunityaction.org.uk

TEL. HELPLINE: 01202 847609 11am-4pm Monday-Friday





COVID-19 and Emergency Local Assistance (ELA)

ELA has been a valuable resource to Dorset residents for a number of years, providing practical and financial support to individuals and families in a time of crisis or extreme financial hardship. In response to COVID-19 and to ensure that we continue to provide support to our communities in these uncertain times, the support that can be provided by ELA has changed slightly to reflect demand.

What support is available?

Now, rather than receiving a ready-made food parcel we are providing a pre-paid card that will allow you to purchase food and essentials for yourself and your family. If you are self-isolating or you are having difficulty getting to the shops (e.g. mobility, transport) then we can make a referral to our partner agency Dorset First Point who can collect the 'essentials' you require and drop-off at your property. Dorset First Point can provide guidance around benefits, housing, budgeting or linking you to a more local resource in your community.

We can also provide support with utilities. We can check that you have maximised the offers provided by your utilities provider, or we will try to make a top-up payment on your behalf either over the phone or on-line whilst we are talking to you. If this is not an option with your particular energy supplier, we will again send out a pre-paid card.

Although food and utilities are the focus, if you are an organisation working with somebody who is experiencing circumstances such as leaving hospital or being housed temporarily, and they do not have the necessary basics at home (e.g. bed or cooker) please get in touch and we will see if we can help. There may be some funding available or we may be able to link you to other useful local resources.

How to contact Emergency Local Assistance?

ELA can be accessed as a self-referral or with the support of another organisation and can be accessed via telephone, Monday to Friday 8.30 – 5.00 on:

0330 1234 225



News from Trading Standards Warning about scams

Fraudsters are increasingly targeting the public and organisations with emails, texts, phone calls and WhatsApp messages offering advice and treatment for the coronavirus, as well as setting up fake websites selling products and offering 'cures'.

Scammers have also been setting up bogus websites asking for donations for victims or promoting awareness and prevention tips.

Cold callers have been contacting organisations suggesting they must have certain measures in place by a certain deadline.

To help members of the public protect themselves from becoming a victim of fraud, the advice from Dorset Council Trading Standard is:

- Be sceptical if you receive an email, text or WhatsApp message about the coronavirus, and never click on any attachments or links
- Never provide personal data such as your full name, address and date of birth – scammers can use this information to steal your identity
- Don't allow yourself to be pressured into donating money, and never make donations by cash or gift card, or send money through transfer agents such as Western Union or Moneygram
- If you think you've been the victim of a scam, then speak to your bank immediately and report any fraud to Action Fraud on 0300 123 2040

Further information on dealing with scams and fraud is available from the Citizens Advice Consumer Service at

https://www.citizensadvice.org.uk/consumer
or by calling their new freephone number:

0808 223 1133.





MORE USEFUL CONTACT NUMBERS

SWANAGE HEALTH CENTRE - 01929 422231 (Mon-Fri 8.30am-1pm & 2pm-6.30pm)

For further information please visit: -

https://www.swanagemedical.org.uk/Home

SWANAGE FOOD BANK: Tel: 07759 230313

DORSET COUNCIL'S HELPLINE - If you don't have family, friends or a support network that can help you get what you need, you can call 01305 221022, 8am to 8pm, 7 days a week. Alternatively, you can email: communityresponse@dorsetcouncil.gov.uk;

DORSET POLICE counter services, and for contact details, please visit:

https://www.dorset.police.uk/covid-19-coronavirus/ covid-19-fags/

https://www.dorset.police.uk/contact-us/email-us/

DORSET REGISTRATION SERVICES (births, deaths

and marriages) please visit:

https://www.dorsetcouncil.gov.uk/births-deaths-m arriages/registration-offices-in-dorset.aspx

> Tel: No: **01305 225153** or email: registrars@dorsetcouncil.gov.uk;

PURBECK CITIZENS ADVICE BUREAU visit:

http://www.purbeckadvice.org.uk/

Tel: 01929 551913 leaving your name and number and an adviser will call you back.

Email: adviser@purbeck.cabnet.org.uk:



LOCAL COUNCIL SERVICES

The following remain **OPEN**:

Day's Park, The Downs and King George's Playing Field - for the purpose of daily exercise and dog walking activities only.

Public Conveniences at Shore Road and Mermond Place.

Prospect Allotments - the allotment gardens will remain open provided social distancing guidelines are followed: Swanage Town Council allotment advice -24th March 2020

N.B. Further info can be found on the individual web pages within the Town Council's website:

www.swanage.gov.uk



Raising funds for those most in need

The **Dorset Coronavirus Community Fund** has been launched to support local charities and voluntary organisations that are assisting some of Dorset's most vulnerable people during the Coronavirus epidemic.

Donations raised through the Foundation's own local Dorset Coronavirus Community Appeal, as well as funds from the National Emergencies Trust Coronavirus Appeal will support community and voluntary organisations providing vital support to people and communities in response to the Coronavirus outbreak

Fund Criteria

The aim of the Fund is to effectively and efficiently support local voluntary and community organisations that are helping vulnerable people impacted by the Covid-19 crisis; easing the immediate difficulties communities are facing and to support their recovery over the coming weeks and months. All applicant organisations should adhere to government guidelines regarding social distancing, self-isolation and shielding.

To see the rest of this article or to find our more please go to:

> admin@swanage.gov.uk or www.swanage.gov.uk or

www.dorsetcouncil.gov.uk/...coronovirus



Swanage Community Defibrillator Partnership

Keep the heart of Swanage beating



We continue to monitor both defibs and cabinets and have noticed that 5 cabinets are showing signs of wear, with instruction information 'rubbing off'. New temporary signage will be applied until new cabinet doors can be replaced or modified..

Last month we highlighted the advice given by the Resuscitation Council UK that any person needing a defibrillator may have COVID19 and extra precautions should be taken; cardiac arrest should be recognised by looking for the absence of normal breathing but rescuers should not listen for breathing by placing an ear and cheek close to the patient's mouth.

If there is any doubt about confirming cardiac arrest the default position is to start cardiac compressions making sure that an ambulance is on its way by calling 999.

This guidance has not changed for the public. SCDP will monitor the advice regularly in case it changes or as the Coronavirus develops.

htpps:/www.resus.org.uk

Maggie Hardy for SCDP





At this time Link Visiting has of course had to suspend our visits and fall back on giving support and keeping in touch by phone.

When we are all able to assume a more normal existence you may think you'd like to visit someone who is isolated, on a weekly or fortnightly basis. You may also be able to identify an isolated neighbour who would welcome being put in contact with *Link Visiting*. Please then get in touch with Roger Seaman on 07498 743036 or email at lvs.volunteers@outlook.com. We would love to hear from you.

SWANAGE DEPRESSION GROUP

We are a group of people who experience depression or anxiety.

We are not experts, but we know how it feels.
We find that a problem shared, is a problem halved.
We cannot meet face to face at the moment, but meet once a fortnight on the phone and we talk to each other individually all the time.

For more information please contact:

Nick 01929 439121 nickviney@hotmail.com

Andy 01929 481539 andy.knill@gmail.com

Don't forget the official mental health 24-hour Helpline: 0300 123 5440



COMMUNICARE COMING TO TERMS WITH COVID-19

COMMUNICARE would like to help the people of Swanage and the villages in this time of awful virus crisis.

In normal times, as many of you know, our organisation does many things in the community, including taking people to and from hospital and other important appointments. Sadly, we cannot do this at the moment.

Our community has many people living on their own who will be very anxious at the moment; as none of us are being allowed to mix with friends, neighbours and family. So COMMUNICARE and LINK got together and have decided that we will become:

"A LISTENING EAR" A trouble shared, is a trouble halved.

Jenny Lazenbury, Director has this message: "Don't go 'up the wall' in this time of crisis. Please, ring one of our wonderful volunteers and have a chat. Call COMMUNICARE if you are worried, lonely or in need of neighbourly kindness. Whatever your problem, WE CARE and we can offer practical help. Just call any of the local numbers below and we will try to help you feel better. If you receive no reply from the first number, then please try any of the others.

480932 427576 423747 422951

477114 422118 288177 427346

Mobile: 07531 811375



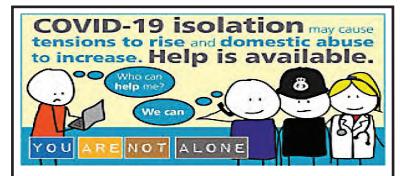
ALCOHOLICS ANONYMOUS® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. ... Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

This is a very unusual time. It is stressful for many people in many new ways. Some people turn to alcohol to help them cope and get through it. This can be more of a danger than a help to some of us. If you think you have a problem with alcohol we can help:

IF DRINK IS COSTING YOU MORE THAN MONEY

then we can help you. Please telephone our free Helpline today:

0800 917 7650



DOMESTIC ABUSE CAN AFFECT ANYONE

WE ARE HERE TO HELP:

YOU FIRST (Dorset Council) - **0800 032 5204**

OUTREACH (POOLE-BOURNEMOUTH) - 01202 710 777

WOMEN'S AID - email - helpline@womensaid.org.uk

24HR NATIONAL DOMESTIC ABUSE - HELPLINE 0808 2000 247

DORSET POLICE in an emergency CALL 999 or go to www.dorset.police.uk/abuse-help



Harm Reduction advice for people who use Alcohol

This advice is important during the Coronavirus (COVID-19) pandemic. If you are drinking heavily, you are at increased risk of the health impacts of coronavirus (COVID-19). You may want to cut down or stop drinking to help improve your immunity, or because your supply of alcohol is running out.

Self-isolation may lead some people to drink more alcohol than usual.

If you are worried about your drinking levels increasing, you can contact any one of the following for help and support:

LiveWell Dorset to talk about how to reduce the amount of alcohol you are drinking.

Call 0800 840 1628 or 01305 233 105

www.livewelldorset.co.uk.

Local alcohol treatment services are open and can provide further advice and support:

Dorset including Christchurch (REACH): 0800 043 4656

Poole (EDAS/SMART): 01202 735777

Drinkline the national alcohol helpline **Call 0300 123 1110**

weekdays 9am-8pm week end 11am-4pm

Drinkaware -

https://www.drinkaware.co.uk/alcohol-support-services/



STRUGGLING WITH YOUR MENTAL HEALTH? THE FOLLOWING CAN HELP YOU...

SAMARITANS – **116 123**. A free, 24/7 phone line.

SANE LINE - Works with anyone affected by mental illness, including families, friends and carers.

Tel: 0300 304 7000. 4.30pm-10.30pm daily

CHILDLINE – Confidential telephone number for under 19s **Tel: 0800 1111**

THE DORSET MENTAL CARERS PROJECT- Offering a telephone, text and email service from Monday to Friday phone line from 10.30am-4.30pm. You will be able to speak to one of the Peer Carer Specialist from the Carers Project. Please phone daily numbers as follows:

MONDAY - Joy Ford 01305 340045. Or text 07508 776410.

TUESDAY - Dick Franklin 01202 380910 or leave message

WEDNESDAY - Babs Plumbridge 07961 159854 phone or text

THURSDAY - Jenny Hutchinson 01258 455771 phone or leave message

FRIDAY - Nigel Ford 01305 340045

In a medical emergency call 999 if you are seriously ill or injured and your life is at risk. A mental health emergency should be taken as seriously as a physical health emergency.



SWANAGE COMMUNITY CORONAVIRUS RESPONSE GROUP

SWANAGE NEIGHBOURS are coordinating the **Swanage Community Coronavirus Response Group**, formed to share information and support at this dreadful time. It is proving to be a life-saver for some; and we are very pleased to 'be there' for our community.

To contact us for more information: If you don't have internet access please call

The Response Team on 01929 253108 OR

On Facebook

http://www.sandpdt.org.uk

Or

https://www.swanage.gov.uk.



ROTARY ISN'T CLOSED - IT'S JUST DIFFERENT!

SWANAGE ROTARY may not be operating as normal at the moment, but it's still here in the heart of your community and willing to help.

At times like these, we believe Rotary is ideally placed to provide local assistance to our community that has supported us so wonderfully during normal times. Although many of our members, like many local residents, are having to isolate themselves others are still able to do whatever they can, be that in running errands, delivering items or simply phoning up and having a chat. We are also looking to work with the Swanage Community Coronavirus Response Group and Link Visiting to see what help we can offer. So if you think there is something that we can do, just contact us via our website

www.swanagerotary.org

Our fundraising activities normally extend across the year, but even with current restrictions preventing us from undertaking some of our events, we have still been able to make donations from the funds that we have already raised this year, and have recently made donations to **Swanage**Dementia Friendly Group, Swanage Foodbank and Julia's House Children's Hospice.

Steve Parsons, Rotary President



FRIENDS OF PURBECK MS GROUP

AT THIS extraordinarily frightening time, PURBECK MS GROUP want to stress to MS sufferers and their families - you're not alone; we are here for you. Although at the moment we are unable to help as we have done in the past, if you need someone to chat to, or write to, please use the following contacts

Our Contact Details:
Carol Turner Chair 01929 556761
email. turnermc07@gmail.com
John Smith Deputy Chair
email john52wsmith@yahoo.co.uk
Gail Taylor Secretary
email gailtaylorulwell@hotmail.co.uk
Debbie Dunford Welfare Officer

email debbiedunford148@gmail.com





Debbie O'Keefe, Manager of THE OLD RECTORY CARE HOME

at Langton Matravers sent us this photo:

"Here are some of my dedicated and hard-working staff. We are fortunate to have healthy, happy staff and residents. My staff are spending so much time not only caring for our lovely 31 residents, but are communicating with families to let them know their loved ones are safe and well. Extra time is being spent reassuring them and giving them lots of laughter and fun. Everyone is in good spirits and ensuring the residents' days are happy. I am so proud of all of them, as I have such a wonderful team, so if possible, I would like to thank them all.

"We are delighted to say that at the present time, we have had no cases of COVID-19 in our Home and would also like to take this opportunity of thanking the pupils of The Swanage School for making and sending us visors and masks - which have given us all so much relief and gratitude. What wonderful young human beings."

If anyone has any questions or enquiries please feel free to contact Debbie on 01929 425383 or email manager@oldrectoryhome.co.uk or on their website at www.oldrectorycarehome.co.uk.





WORDSWORTH HOUSE CARE HOME KEEP CALM AND KEEP ON CARING

We are skyping, telephoning and face-timing in an effort to stay in touch with the outside world. We are reassuring those who are absorbing the news and doing our best to distract those that it confuses or worries.

We miss our relatives and entertainers; we miss going out for trips and visitors to the Home. However, we are immensely grateful to local groups and individuals who have provided us with visors, facemasks, flowers and comfortable ties. We have been given Easter eggs, hand cream and soothing teas, to help ease us through these difficult times.

We have discovered that folk can be very kind and thoughtful, and we appreciate each of these acts of kindness from strangers and friends.

At Wordsworth House, we are looking forward to better days, when we can thank Swanage properly. Meanwhile, stay safe and stay home if you can.

Thank You.







Spring at Durlston Alistair Tuckey

Rachel Carson wrote "There is something infinitely healing in the repeated refrains of nature - the assurance that dawn comes after night, and spring after winter". In these strange times, for nature at least, its 'business as usual'.



No social distancing for our Guillemots - crammed onto the ledges like black and white milk bottles on a doorstep! Breeding season is in full swing, and the first chicks should hatch around the middle of this month.



A dazzling array of flowers downland flowers include the lovely Early English Gentian. Purbeck is probably the best place in the world for this little pink flower (which only grows in England), though it can be a hands and knees job, as it's rarely taller here than a 50p!



On still, sunny days, whirling 'kaleidoscopes' of butterflies include neatly patterned Walls (sunbathing on some of our 6+ miles of dry-stone walls!), orange Small Coppers and the first Common Blues of the year.



While our buildings and car parks are closed, for those within walking distance, the Park remains open for daily exercise. For those who can't, have a look at the Rangers Diary, written daily on our website here:

www.durlston.co.uk/durlston-today.aspx or follow our Facebook page www.Facebook.com/Durlston





POOR OLD ALBERT

The Swanage Albert Memorial, the first to be raised in the country in his honour at the top of Court Hill, has had a sad and sorry history. Now, when it seemed that it would be re-erected, things have had to be put on hold.

In 2017 a group of members of the Research Group of Swanage Museum made a concerted action to try and get the Memorial raised for the bi-centenary of Prince Albert's birth, 26th of August 2019. This obviously didn't happen. I wrote an article for the *Purbeck Gazette* in October 2017. I contacted Nick Churchill and he wrote an article for *Dorset Life, A Monumental Task* March 2019 issue.

This second article resulted in a person getting in touch with me who has been coming to Swanage since childhood, as his parents had a holiday home on Peveril Point, as he himself does now. He offered financial help with getting the Albert Memorial re-erected and meetings were set up with him, the Mayor, Bob Foster of the Swanage and Purbeck Development Trust and myself. This resulted in a site at the top corner of Prince Albert Gardens as being the best. Dorset County Council are happy with the plan and said there was no point in going for Pre-Planning but just to submit the Planning Application. To go ahead with this a site survey was needed. The benefactor agreed to supply funds for both these things to be done. The Site Survey was about to be undertaken when the site investigation surveyors told us that the work is outside of the Government's definition of "essential" construction works and that they will not, therefore, be able to carry out the borehole testing in April, as originally planned. The surveyors said that they would get back to us at the earliest opportunity. We cannot go forward for full planning consent until this is eventually done, so the project is on hold.

The benefactor is keen that the community of Swanage is involved with this important project. To this end we were planning an Open Meeting to outline the history of the monument and its importance as Swanage as being the first place in the country to erect a memorial in Albert's memory. And also to present and show the plans, and to enlist support and funds from the citizens of Swanage. This cannot now happen until the present crisis is over.

Robert Field, on behalf of Swanage and Purbeck Development Trust and Swanage Museum





e-mail address: museumswanage@gmail.com

Something to look forward to for Swanage?



George Burt commissioned this globe in 1879 and it was made under the direction of his friend Professor James Hunter of Aberdeen. The globe is 3ft in diameter and is made of granite. It stood in the garden of Purbeck House, in Swanage High Street. George Burt's daughter, Annie, shown here beside the globe, occupied the house until her death in 1918. After the First World War, the Burt's Estate, including Purbeck House, was put up for auction and Burt's grandson, Edwin, transferred this globe to the gardens of a house he bought adjoining the river at Beaulieu.



Swanage Museum has accepted the offer to bring this very unique historic item to Swanage. It will have to be lifted and transported, then stored before finding a final resting place suitable for its historic significance and beauty and with your help we can make this dream come true.

We are asking if you can possibly make a donation to help us bring it home. If you wish to help, or want to know more, please go to our new embryo website

www.swanagemuseum.org.uk OR send a cheque to Swanage Museum Treasurer at 11b Argyle Road. BH19 1HZ Telephone: 01929 422215

AND TO GIFT AID YOUR CHEQUE - GIFT AID authorises the Museum to reclaim tax on your donations. If you would like to Gift Aid your donation as a UK taxpayer, can you enclose, with your cheque, the following written details: Full Name - Address - Your Signature

Your Tel No (optional) - Email (optional)



NHS workers urged to apply for water bill support

Frontline NHS workers who are required to wash their uniform at home separately and more often during the current coronavirus (Covid-19) outbreak can apply for a water bill rebate from Wessex Water. Those eligible for the rebate can claim up to £50 off their Wessex Water bill, ensuring they won't be paying more than they normally would.

Charley Maher, of Wessex Water's billing services company, said: "We felt it was only right that a rebate should be provided in recognition of NHS workers who are washing their own uniforms at home.

"During this period the staff are having to wash their clothes more often as they are working more shifts than in normal times. And all their clothes now have to be washed separately to their normal loads.

"We don't think it's fair for these workers to pay more for their water given that they are at the very front line of the fight against Coronavirus, which is why we're offering the rebate."

Wessex Water helps all customers who are struggling to pay their bill through a range of financial support measures. They are encouraging anyone having problems to get in touch so their individual circumstances can be discussed and the best support provided.

Visit wessexwater.co.uk for more information.
To apply for the NHS rebate, visit
wessexwater.co.uk/NHSrebate





ISLE OF PURBECK ARTS CLUB

ART - Clubs and Outings
POETRY - Reading and Writing
BURSARIES - For young people
MUSIC - School Instrument Loan Scheme
SUMMER EXHIBITION

22nd - 31st August Catholic Church Hall, Rempstone Road, Swanage

CHILDREN'S ART COMPETITION

(Up to A3 size in any medium)
For children in Years 5 and 6 at primary schools in Purbeck.

3 Awards to be made

Hand in at Purbeck New Wave Gallery,
Swanage BH19 1DF
Deadline Monday June 29th 2020
Presentation in August

07434 814384
lsleofpurbeckartsclub@gmail.com



SANDBANKS FERRY, STUDLAND CLOSED

Due to the COVID-19 crisis, the Ferry has been suspended until further notice.

For more information email: email@sandbanksferry.co.uk



THE MOWLEM THEATRE

Like all theatres and cinemas across the country, The Mowlem Theatre is currently closed - all film showings have been cancelled and all live performances have been postponed until further notice. Many of you will be aware that we have welcomed a number of new Trustees in recent months, invited to help reinvigorate the Trust to take us forward into the new decade. Although we don't yet know when we'll be allowed to raise the curtain for either cinema or live theatre, we have begun the process of creating a business plan designed to refresh The Mowlem, making it a vibrant, thriving theatre for future generations. The trustees have learnt how to use video-conferencing technologies to meet once or twice a week, and so far, progress has been good!

While we plan for the future we are also very active on social media, sharing Mowlem Memories from past decades - you can find us at facebook.com/themowlem if you're on Facebook, or if you would like to join our mailing list please find a link to our sign-up form at www.mowlemtheatre.com - we'll also be able to let you know as soon as we are able to reopen!

Want to contribute to our next Newsletter?

If you have a story about how you and your family, friends or neighbours are doing something to help our community in these weird times, then do let us know and we'll do our best to include it. Do contact us asap:



Phone us: **01929 426127**Or email

melvyn.norris@talktalkbusiness.net





SOS: SWANAGE RAILWAY

The Swanage Railway is facing the most urgent and potentially devastating challenge in its history, thanks to extraordinary circumstances beyond its control: the COVID-19 virus.

With the Railway closed, on Government advice, it has no income for the duration of the current emergency. Without income in the coming months our heritage railway cannot survive.

Please help now and support the Swanage Railway by giving generously to ensure that we survive.

To make a donation please go to www.saveourservice.co.uk

The public can now also donate by text to the Swanage Railway's £360,000 'Save Our Service' appeal which has so far raised £136,168 (28th April 2020) to help the award-winning heritage line survive in the wake of the economic effects of Coronavirus. People can donate by phone by texting 'SOS' to 70470 to donate £10 which costs £10 plus a standard rate message.

Donors can also choose to give any whole amount between £1 and £20. For example, texting 'SOS 4' equals a £4 donation plus a standard rate message.

THANK YOU!

Gavin Johns, Chairman, Swanage Railway Trust Liz Sellen, Chairman, Swanage Railway Company

> info@swanagerailway.co.uk Tel 01929 425800

A LITTLE BIRD TOLD ME



"We can't get access to Durlston Country Park" ...
ISN'T IT A SHAME that Dorset Council have decided that the car parks at Durlston have to be closed? For those of us not living up the hill, it is too far to walk there and back to take our exercise. We're going to miss the flower meadows, the Guillemots, the butterflies. Why not lobby your local Councillors to change the policy? – We need access to our wonderful Country Park for our health and wellbeing...



Swanage Jazz Festival Postponed until July 2021

After Swanage Jazz Festival Committee reviewed the current Coronavirus situation and the feasibility of staging this year's Festival, we sadly, have reached the conclusion that for a variety of reasons, beyond our control, we cannot stage this year's Festival and thus we are postponing Swanage Jazz Festival to 9-11 July 2021. I am sure this will not come as a huge surprise to you. But I am sure it will also come as another disappointment.

Once lockdown has been lifted and social distancing ceases we will start planning and programming the 2021 Festival and will be in touch about that then. It's tough times for the arts, the events industry and tourist locations. I hope you are finding a way of keeping your head above water.

With best wishes from myself and the Jazz Festival team.

Paul Kelly - Chair and Director 07825 313838 01202 385585

MESSAGE FROM SWANAGE LIBRARY

Hello everyone, although the library is closed, There's so much going on!

Our staff are working very hard throughout the week, to help both adults and children at this dreadful time.

Many of you will have noticed that the letterbox on the library wall has been taped up. We are sorry, but this is because we simply can't cope with the volume of returned books, tapes and films.But, PLEASE DON'T WORRY.YOU WON'T BE CHARGED FOR THE EXTRATIMEYOU HAVE HAD TO HOLD ONTO THESE ITEMS - so just hang onto them for the time being. We'll get there!

We still hold our regular Rhymetime and Lego Club, as well as art talks and instructional videos on how to use online library services. In this way, we hope to still engage with our local community and like you, we just can't wait for this lockdown to end.

You can find out much more about what we are doing by contacting us at:

FACEBOOK PAGE - (Swanage Library Friends in partnership with Purbeck Development Trust) or TWITTER - Swanage Library (@FOSLibrary).

Nathalie Carter,

Library Manager, Swanage Library

URGENT FOOD BANK NEED

I've just heard that there is a special urgent need from the Swanage Food Bank, and I know donations would be appreciated.

The Food Bank has been so busy this week they've run out of all desserts - tinned fruit, custard, milk puddings, instant puddings. They've also no meat products left, including Frey Bentos pies, cold meats and tins of minced beef, stew, chilli con carne, chicken in sauce etc. Packets of rice, and tinned vegetables are also low in stock. The luxuries of sweets and chocolates have been used up, which aren't strictly necessary but lift the clients' hearts a bit at this difficult time.

Gifts can be left in the Food Bank containers in the following locations:

At the Food Bank

(the Food Bank which is open from 12-2 on Mondays, Wednesdays and Fridays at the Salvation Army Lower Hall in King's Road East) Co-op Budgens Costcutters Spa (Arkwrights) In the porch just inside the All Saints building.

All contributions will be really appreciated.

Revd Andrew Corke, All Saints Church, 5 Redcliffe Rd, Swanage



Swanage Churches Together have established a prayer and support line for anyone wishing to call for a chat or listening ear during these challenging times

The phone line will be open daily, 10am - 10pm

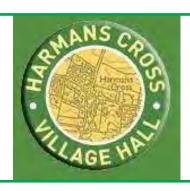
with someone available to listen, chat and offer prayer. The number to call is:

07849 141661

There are many online services and resources available to you on Sundays and throughout the week.

Find out more at

www.swanagechurches.org



HXVH COMMITTEE

Dear HXVH Community,

We hope everyone continues to remain healthy and safe during these difficult times. We can at the very least be thankful for the weather being kind and for living in such a beautiful part of the world.

A quick reminder that if anyone needs any help or assistance, then the community support telephone number is **07423 305060** - we have lots of volunteers available and keen to support.

Also a reminder that we are picking up and delivering prescriptions on a daily basis from the Corfe Surgery. If you want to have your prescription delivered, please just let the surgery team know.

And finally, a reminder that **The Dubber** is not being printed at the moment. But please find below a link to their website and a copy of the May edition

Best wishes to everyone HXVH COMMITTEE

A MESSAGE FROM THE DUBBER

Hello Everybody,

Please find a direct link to the May Dubber below

http://thedubber.co.uk/2020.05.pdf

As you are probably aware, there is no printed Dubber this month.

Please continue to send in your contributions; stories and poetry are welcome.

I hope you are all well and coping with your enforced isolation. Please remember that both Langton/Kingston

(langtonmatravers20@gmail.com)

and Worth/Harmans Cross

(worthmatravers20@gmail.com)

support groups are working well if you need anything.

Warm regards - Angela ed@thedubber.co.uk

SNIPPETS FROM STUDLAND



Studland Parish Council The CV19 lockdown has made Studland peacefully serene. Residents requests that others stay away. The Parish Council has held its first virtual meeting-requesting a new hedge on the south side of Church Meadow; opposed to proposed developments on Swanage Road (6/2020/1004) and (6/2019/0582), arrangements for the vulnerable well received; the National Trust propose to fell 16 trees (only two dead)-excessive approach to risk management for an environmental charity? No replacements?

FOR MORE - CONTACT:

www.studlandparishcouncil.org www.studlandchurch.com

The Purbeck Society Concerned over the number of planning applications in Purbeck that are being delegated to officers for decisions. Unclear arrangements currently from Dorset Council on how the eastern area planning committee will operate virtually. Central government enabled councils to make their own arrangements FOR MORE - CONTACT:

Dorset Council head of planning mike.garrity@dorsetcouncil.gov.uk
Dorset Councillors

cllrwilliam.trite@dorsetcouncil.gov.uk cllrgary.suttle@dorsetcouncil.gov.uk cllrcherry.brooks@dorsetcouncil.gov.uk

The Campaign to Protect Rural England

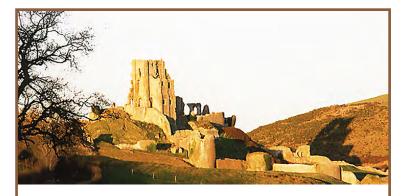
Dorset Gazette Review available for mid-May and the June edition of Swanage Area Forum News. National Strategic Plan-themes: Promoting Rural Life; Connecting with people and the countryside; empowering communities; growing our capacity. National concern that councils may not replicate methods of democratic inputs into the planning process due to the CV19 pandemic.

Survey on aviation noise-consultation up to 01.06.20

FOR MORE - CONTACT:

https://www.surveymonkey.co.uk./r/cpreaviation www.cpre.org.uk





Corfe Castle Community Network

Corfe Castle Parish Council decided in early March to set up a community support network so that we would be ready for the lockdown. We now have over 50 volunteers (and over 100 people asking for help) which supplements all the contacts carried out by neighbours, friends and our many village organisations.

Coordinated by our friendly and enthusiastic Parish Clerk, Ali Burnett (426125) we can help with collecting doctor's prescriptions, shopping and errands and regular contact.

We have volunteers in Kingston and Bushey to cover the whole parish.

The village has delivery services from our well stocked village shop, our village bakery, Gourmet Goats (Pink Goat), Norden Farm and Lenctenbury Farm. The Bankes Arms and the Castle Inn have a popular hot meal delivery service.

We have learnt that key holding is an issue. Everyone who lives alone needs to have arrangements for key holding and make sure they don't leave the key in the lock at night!

If you would like to volunteer, need help or know someone who is very isolated please ring Ali Burnett on **01929 426125**

Steve Clarke, Chair CCPC





AQUARIUS - Corfe Castle Women in Touch

We are a group of up to 100 ladies from Corfe and its surrounding area that - in normal times - meet monthly, Tuesday afternoons, at Corfe Castle Village Hall, to hear inspiring speakers, make crafts, socialise, have fun and games and many other varied activities. Each year we fundraise for different, chosen local charities.

Of course, we can't meet at present but still keep in touch through our monthly Newsletter and some ladies have thrown themselves into making scrubs for the NHS and knitting hats for preterm babies, amongst other things.

If you are interested in joining us in the future please contact me on **01929 480007**

CHRISTINE KEMP (AQUARIUS JOINT CHAIR)



Tom.clarke@nationaltrust.org.uk

JULIA'S DYNAMIC DUNESCAPES

In March, I eagerly started a new role with the National Trust at Studland Bay. The first few weeks were a whirlwind of new faces, sandy beaches, wild heathland, and a lot of tea. Then everything changed. My days now consist of sitting in front of screens and talking to my plants. Most of the Studland team have been furloughed and there is a lot of uncertainty in the air. Still, this has not halted many new things getting underway.

My new role is engagement officer for the **Dynamic Dunescapes** project. The project's aim is to restore the sand dunes of Studland Bay by creating patches of bare sand and changing the ways we manage the land - using both the latest technologies and people like you. Under normal circumstances, I would be dragging you into the dunes and talking your ear off. Instead, I am going to deliver 'webinars' and continue to talk your ear off! Get in touch via julia.galbenu@nationaltrust.org.uk if you would like to attend a webinar, they are open for everyone and will be on all things dune-related.

Meanwhile, have a look at our new flashy Instagram account @studlandbay_nt. Featuring beauty shots of dunes, stories that will leave you checking your ears for sand, and quizzes where we really are looking to you for the answers.

Send me a message, an email or strap a note to a pigeon - I am always up for a chat and cannot wait for when we can explore the dunes together.



HELLO! We are the **Swanage Indies Delivery Service** here to help support anyone self-isolating and social distancing in Purbeck with food deliveries from your favourite Swanage shops.

PROPOSED DELIVERY TIMETABLE: (Which we will work on depending on demand)

DAILY (Mon-Sat) SWANAGE **THURSDAY:** CORFE/HARMANS CROSS **TUESDAYS:** LANGTON/WORTH/KINGSTON **SATURDAYS**: STUDLAND

HOW TO ORDER

- 1. Call each shop to place your order and pay them directly
- 2. Order before **NOON** the day before you want your delivery
- 3. We will then work together to sort out logistics of delivering it to your doorstep!
- 4. Where you see ** below against the shop name, this means Swanage Indies deliver

WHO YOU CAN ORDER FROM - SO FAR - SURE MORE TO COME!

BANKES ARMS HOTEL, CORFE – Meals – FREE DEL WITHIN C.CASTLE 01929 28818
BUDGENS SUPERMARKET Station Rd - baked, fresh, packaged goods 01929 422478 *

(order by phone, pay over phone, can be picked up from store with assistance)

CEDAR ORGANIC – Organic meat FREE DELIVERY within Purbeck 01929 481393

CHOCOCO** - chocolates and sweet treats 01929 408288

COSTCUTTER (inc Post Office) - butchers, baked, fresh and packaged goods 01929 424554

COUNTRY FOODS, 37 Station Rd - Serving from doorway - Orders/Del 07798 846778

COURT HILL STORES - Ordering & accept payment for goods on phone 01929 424796

CRAB APPPLE CATERING - Fruit and Veg boxes julia@crabapplecatering.co.uk

THE FISH PLAICE - OPEN Tuesday-Sunday 12-8 (keep check on website http://fishplaice.co.uk)

(Collection available during opening hours - phone and pay with card 01929 423668)

DELIVERY Tuesday, Wednesday and Thursday ONLY - for the older residents.

FOLEYS GARAGE SPAR SHOP HX - FREE DELIVERY Groceries to:

HX, Corfe, Langton, Kingston, Swanage, Studland Tel to place order 01929 48009

HAYMANS BAKERY** – bread, cakes, pasties, sandwiches 01929 422594

JAVA IND.COFFEE HOUSE – Del of quiche, veg.cottage pie,cakes,scones CASH ONLY

(FACEBOOK Delivery)

MASALA INDIAN CUISINE - Indian takeaway offering delivery website 01929 427299

www.masalaswanage.co.uk

JJ MOORES BUTCHERS – Meat, frozen ready meals, fresh fruit & veg 01929 424891

NORDEN FARM – Range of vegetables and many other products 01929 480098

PET-LUV – Pet food, fish food, rabbit food, much more FREE DELIVERY 01929 426227

PURBECK DELI** - cheese, chutney, savouries, local beer, cider, gin 01929 422344

PURBECK VALET – Dry cleaners & launderette -collection/del.service 01929 424900

THE SALT PIG – Butchers, ready meals, eggs, veg, fish (Tel: orders) 01929 423616

SWANAGE BAY FISH** – Wet fish 01929 422288

SWANAGE & PURBECK TAXIS - 01929 927424

(Pick up and deliver grocery orders for free – order and pay directly from supplier by phone then phone our taxi company)

Swanage Community Coronavirus Information webpage:

https://www.swanage.gov.uk/Community-information.aspx

Shops & Pharmacies in Swanage opening times webpage:

https://www.swanage.gov.uk/Openingtimes.aspx

W

WE HONOUR OUR NHS WORKERS BUT LET'S ALSO REMEMBER OUR

OTHER ARMY OF HEROES

Refuse Collectors





"Care at Home" Nurses



Bus Drivers



Postmen and women



Nursing & Care Home staff



Supermarket and other essential shop workers



Home Delivery Drivers and volunteers



Schools & Nursery staff

PHARMACIES

Boots

1 Station Road

Monday to Saturday: 9am - 5.30pm

Sunday: 10am – 4pm BANK HOLIDAY

8th May/25th May 11am – 5pm

Well Pharmacy (Day Lewis)

40 Station Road Monday to Friday:

10am - 12pm, 2pm - 4pm, and then 4.30pm - 6pm

Saturday & Sunday: CLOSED

Well Pharmacy

22 Station Road Monday to Friday:

9.30am - 12.30pm then 2pm - 6.30pm

Saturday: 9am – 1pm Sunday: **CLOSED**

BANKS

Lloyds Bank

41 High Street

Monday: 10am – 4pm Wednesday: 10am – 4pm

Friday: 10am – 4pm

Tuesday, Thursday, Saturday and Sunday: CLOSED

Main Post Office

23-25 Kings Road West

Monday - Friday: 9am - 5.30pm

Saturday: 9am to 5pm Sunday: CLOSED

Times are subject to change.

Nationwide

29 Station Road

Monday to Friday: 10am – 2pm **Saturday & Sunday: CLOSED**